

# VISA Sailing Instructions Fall 2021

Revised 8/23/2021

**1. Rules:** The regatta will be governed by the Racing Rules of Sailing for 2021-2024, the prescriptions of US Sailing, the ISSA Procedural Rules 2021-2024, these sailing instructions and additions and modifications made at the Skipper's Meeting.

**2. Notices to Competitors:** Official notices will be posted at the docks where rotations occur.

**3. Boats:** Boats shall be sailed as provided. Bow lines should not be used for any other purpose other than for towing at VISA and District regattas. The purchase on the running rigging, if altered, shall be returned to as supplied.

**4. Registration:** 8:30 - 9:00

**5. Skipper's Meeting:** Virtual

**6. 1<sup>st</sup> Warning Signal:** 9:30 or as announced at skipper's meeting.

**7. Courses:** Will be as shown on the separate sheet, as announced at the Skipper's meeting or as posted officially. Courses will be marked by dropped balls.

**8. Starting Line:** Between a flag on the port side of the committee boat and a flag or orange ball located at the port end of the line.

**9. Starts:** Races will be started using a three (3) minute dinghy start sequence.

**10. Recalls:** Individual recalls will be made by displaying code flag "X" and the race committee may hail the sail numbers of the yachts concerned. General recalls will be signaled by displaying code flag "First Substitute" and the race committee may sound a series of short whistles. OCS's may be called from both ends of the line.

**11. Changing the course:** After the starting signal, the Race Committee may change the position of any mark, provided no yacht is on the leg of the course for which that mark is the end. No signal shall be given for such change.

**12. Abandonment:** A race may be abandoned due to a major shift on the first beat providing no yacht has rounded the windward mark.

**13. Finish Line:** Between a flag on the port side of the RC finish boat and a flag or orange ball marking the port end of the line, or as instructed at the skippers meeting.

**14. Scoring:** low point system.

**15. Safety:** Competitors shall wear inherently buoyant personal flotation devices designated as USCG "wearable" in accordance with ISSA PR 2.2, fully zipped. Inflatable type PFDs are not permitted.

**16. Alternative Penalties:** Two turn penalty is in effect.

## **17. Protests:**

(i) The intent to protest must be signified immediately by loud hail of "PROTEST".

(ii) Protests must be registered with the Race Committee upon completion of the race.

(iii) Protests must be submitted to the protest chair promptly after reaching shore immediately following the set in which the protest occurred. Notification via radio is permitted.

**18. Capsize:** Yachts may be recovered and continue to race at any time before or during a race. If the safety of the crew is in doubt or the progress of the regatta is affected, the Race Committee may insist that assistance be accepted and that the yacht retired from the race. Starts will not be delayed to accommodate capsized yachts.

**19. Coaching:** Coaches assisting the Race Committee may coach on the water from their craft between races provided the coaching does not delay any races.

**19.1:** Coaching shall be allowed on the JV course if sailors are in the back 1/3 of the fleet, or in duress. Every effort shall be made by coaches to inform the committee of their intent to offer coaching. Coaches/officials shall not interfere with protests.

**19.2:** One coach per team assisting with the regatta may have up to 2 sailors in their boat. If 2 or more coaches are in a support boat, no more than 2 sailors total are permitted in the boat. Sailors will not be allowed in coach boats during Fleet Season Championships. Race Committee, Safety Officer, and VISA board members have the discretion to limit and control on the water coaching activities based on conditions.

**19.3.** In regattas where rotations are to be on the water, provided that there are adequate boats for safety, coaches may bring on the water as many sailors as allowed by the Coast Guard capacity limitations of their boats at any and all times during the regatta.